



Dr Kashyap Patel

This book focuses on cancer patients' struggle with the disease: Doctor

THE BOOK NARRATES THE PROCESS OF DEATH AND ONE'S THOUGHTS WHILE EXPERIENCING IT OR SEEING IT HAPPEN TO OTHERS. THE JOURNEY IS DIFFERENT FOR EVERYONE

An oncologist from the US, Dr Kashyap Patel has authored a book titled *Between Life and Death: From Despair to Hope* about real experiences and conversations on attitudes toward death witnessed by him treating cancer patients for over 20 years.

The book highlights the altruistic and humanistic aspects of the struggle against cancer and recounts the stories of ordinary human beings who put up extraordinary bravery in the face of extreme illness and certain death. It shows how its diagnosis affects emotions and creates a cycle of anger, frustration, denial, and eventually acceptance of the situation and learning how to live with the disease.

According to the doctor, the book focuses on philosophical and psychological concerns too. How does someone look at death? How do they initially avoid thinking about

it, and what impact does the fear of death have?

"The book narrates the process of death, the ultimate reality. From one's own thoughts about death to the experiences of seeing happen to others, the journey is unique and different for everyone. However, everyone can choose how to react to the fear and the challenges that death brings," says Dr Patel.

The doctor further asserts that the book will help people think carefully and clearly about death and perhaps realise that death is no great evil, but only a brief pause in our journey. "The book has the potential to fuel a movement that will transform people's understanding of death," adds Dr Patel, who is currently the CEO of Carolina Blood and Cancer Care Associates, South Carolina, USA.

An Amdavadi by origin, the doctor and author is a certified trainer for physicians with education in palliative and end-of-life care. He has been a speaker at several events, and is also a part of the US President Joe Biden's Cancer Moonshot Initiative, which is aimed at improving cancer screening, enhancing prevention, supporting patients and survivors, and learning more from people living with cancer.



The cover of the book